Roswell Rotary Club

Rotascope

JANUARY 13, 2026

President's Message



As we step into 2026, many of us do so carrying a familiar list of resolutions—commitments to eat better, exercise more, spend more time with the things that matter, and to be nicer to non-UGA fans. But history tells us that resolutions alone rarely change us. If we have any real hope of keeping them, we must pause and ask a deeper question: why did we make them in the first place?

Honestly, it's possible that a few of us are already renegotiating or at least like me, finding a loophole here and there...ha-ha! Sorry, back to the reason for resolutions..... Beyond resolutions lie deeper, more enduring questions: Why do we find the need to make them, and maybe more importantly, what is the purpose behind these resolutions? Purpose is the difference between a wish and a transformation. When our resolutions are rooted in a clear sense of meaning—service, growth, family, faith, or impact—they stop being obligations and start becoming direction.

The turn of the calendar is not magic; it is simply a moment of transition. What gives that moment power is alignment—when our daily habits match the person we resolved to become as 2025 came to a close. Without purpose, resolutions fade under pressure, busyness, and fatigue. With purpose, they become anchors. They remind us that discipline is not about restriction but about choosing who we want to be when no one is watching.

So, in 2026, I invite you to do more than set goals—I ask you to define your reason. If we reconnect our resolutions to something larger than ourselves, they gain staying power. And in doing so, we give ourselves the best chance not just to keep a promise for a few weeks, but to truly become the better version of

MEETINGS

January is Vocational Service Month

1/15	Andy Christensen - "How to Find Purpose in Anything in Under a Minute"
1/22	Kit Cummings - Author, Teacher, Storyteller
1/29	Shaun Chapas - Fmr UGA and NFL player and Skipper Hoke Awards
2/5	Colleen Craig - Atlanta Vibe Volleyball
2/12	Horst Schulze - A No Nonsense Guide to Becoming the Best in a World of Compromise
2/19	Leadership 2020 - Col. Dwight Schmidt
2/26	DEA Outreach Taskforce Officer - Wanda Wiggins
3/5	William Vestal - Artificial Intelligence from a different viewpoint

EVENTS

2/11	"Pint for a Pint" blood drive for the American Red Cross
2/19	Leadership 20/20
3/2	Read Across America Day
3/4	Women of Rotary Spring Social
3/14	Roswell Rotary 75th Anniversary Party
3/21	16th Annual Sweep the Hooch
3/21	Roswell Relays
4/18	Walk w a Doc featuring Phy Therapist Dr Kim Richards

LEADERSHIP

President	Trummie Patrick, III
President-Elect	Leslie Bassett
Immediate PP	Nancy Alterman
Treasurer	Mike Agurkis

ourselves we envisioned at the end of last year.

Mark Twain once wrote, *"The two most important days in your life are the day you are born and the day you find out why."* Purpose is not something reserved for life's yearly resolutions, nor is it tied to the biggest milestones of our life. Purpose lives in the small choices, the ordinary moments, and the way we choose to live when no one is keeping score.

There's a familiar proverb that captures this idea beautifully -- *When is the best time to plant a tree? The answer is 20 years ago. When is the second-best time to plant a tree? Today.* Purpose works the same way. We may wish we had discovered it earlier or committed more fully years ago—but the truth is, it is never too late to begin. The second-best time to find purpose in your life and in the small things you do daily is ….. right now!

Colonel Harland Sanders didn't open his first Kentucky Fried Chicken franchise until his 60s, after countless rejections and setbacks. What began as a small act—cooking meals for travelers—eventually became a global enterprise rooted in serving others. Did you know that KFC is the #4 fast food chain in the world (only behind McDonald's, Subway and Starbucks). His purpose didn't arrive early, but when it did, it changed everything.

Sometimes purpose isn't found in grand reinvention, but in small, consistent acts. There's a simple story of a janitor at NASA who, when asked what his job was, replied, "I'm helping put a man on the moon." His task may have seemed ordinary, but his sense of purpose elevated everything he did.

This idea sets the stage perfectly for our upcoming meeting, as we welcome **Andy Christiansen**, writer, speaker, and leadership coach, to the Roswell Rotary Club. Andy will challenge us with a deceptively simple but powerful topic:

"How to Find Purpose in Anything—in Under One Minute."

In a world that often overcomplicates leadership and fulfillment, Andy's message is both practical and refreshing. He reminds us that purpose is not something we wait for—it's something we choose. Whether you're leading an organization, serving your family, or volunteering in the community, purpose can be found in the why behind even the smallest actions. Andy's work helps people rediscover meaning—especially when routines feel repetitive, roles feel unclear, or motivation runs thin. His message aligns perfectly with Rotary's belief that service, when rooted in purpose, creates lasting impact not only for those we serve, but for ourselves.

As Rotarians, we already understand that our collective purpose is bigger than any one meeting, project, or fundraiser. But this program invites us to go one step further—to reflect on how individual purpose fuels collective good, and how clarity of purpose strengthens our commitment to "Service Above Self." As we plant the seeds for 2026—both personally and as a club—may we remember that purpose doesn't require perfect timing or ideal circumstances. It simply requires intention.

And the best time to begin…is today.

Sic Vos Non Vobis

Trummie Lee Patrick III

Secretary	Katie Anderson
Membership	Courtney Lott

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

ROTARY ONLINE

https://roswellrotary.club
https://rotary6900.org/
https://rotary.org/

SOCIAL MEDIA

BIRTHDAYS

1/14	Chris Webb
1/17	Jackie Jordan
1/17	Alicia Hughes
1/20	Evan Coyle
1/21	Gary Garrett
1/23	Kurt Hilbert
1/24	William Noethling
1/24	Dr. Kay Howell
1/25	David Bourne
1/26	Courtney Lott
1/28	Priya Crumpton
1/30	William May
1/31	Blake Turner
1/31	John Reddick
2/3	Chris Patterson
2/6	FJ Levy II
2/9	Angela Freeman
2/10	Richard Meer

January 15 Speaker: Andy Christiansen, Business Coach and Leadership Strategist



Date: Thursday, January 15
Time: 12:15
Location: Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

Our January 15 speaker brings a message of pursuing meaningful goals without sacrificing the people and priorities that matter most. Andy Christiansen, business coach, leadership strategist, author, and Managing Partner at Thrive Commercial Real Estate, believes that the *architecture of your life* determines everything. As he puts it, “Work doesn’t always have to be a grind. Your life, your body, and your relationships don’t have to be collateral damage on the road to big goals.” Today, as Managing Partner and Head of Growth at Thrive CRE, Andy helps leaders align people, purpose, and place, designing workplaces and communities that attract talent, inspire collaboration, and accelerate growth.

YEARS OF SERVICE

1/13	Deborah Perkins (1)
1/13	Peter Saddler (1)
1/18	Alexandria Shuval Weiner (2)
1/19	Susan Rumble (15)
1/23	Jack Stephens (40)
1/24	Andy Williams (7) 14 years in Rotary
1/30	Mindy Jones (29)
1/31	Allen Dalton (41)
2/1	David Bourne (53)
2/2	Lee Dodson (12) 48 years in Rotary
2/8	Dutch Earle (19) 28 years in Rotary

Andy has spent more than 20 years coaching motivated, creative, and curious leaders to achieve extraordinary results while staying grounded in purpose. His career spans the creation of a $100MM product and an entire $40B product category, the launch of 12 national food and beverage brands, and the invention of Fruit2O, the first no-calorie fruit-flavored spring water, now a global category.

A two-time bestselling author, Andy's books *Unlock Your Purpose at Record Speed* and *Minute to Meaning* offer practical frameworks for turning intention into action and aligning life with what truly matters. His widely used 40:40 Principle highlights the power of finding life-changing mentors, both younger and older, to accelerate personal and professional growth.

Andy's leadership impact extends across industries and institutions. He has helped organizations from $5M to $250M in annual revenue navigate expansion, culture transformation, and operational complexity. His work with DT Formulations helped scale the company from a 20,000 sq. ft. facility to a 200,000 sq. ft. operation, cut turnover by 46%, and increase retention by 93% during the post-COVID hiring crisis. As an Honorary Instructor of Leadership for the U.S. Air Force, Andy co-designed and delivered leadership programs at Air University for more than a decade. His tools, strategic playbooks, culture models, mentoring systems, and leadership workshops, have supported iconic organizations including Chick-fil-A, Coca-Cola, and the Department of Defense.

Beyond the boardroom, Andy is an accomplished endurance athlete and mountaineer, having completed a Spartan 10K, a half-marathon, a Half Ironman, and summited dozens of 14,000-foot peaks including Longs Peak and Mount Whitney.

We look forward to welcoming Andy on January 15 as he shares how to pursue big goals without losing what matters most. His insights promise to be both energizing and deeply practical for leaders across every sector.

The Rest of the Story



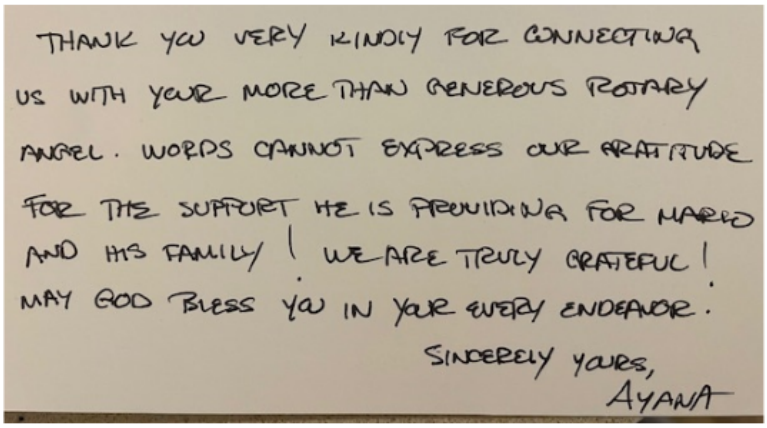
We are adding a new section to the Rotoscope to share what happens ***after*** our service projects and fundraising efforts. Jacob's Ladder has received grants from RRC for years. Here is more about the non-profit **Click Here** and a visual example of the impact of those funds.

Jacob's Ladder Thank You

"You are worth more than 1,000 suns" has been a promise-that every life is radiant and beyond measure and value. We wanted to share this photo with you because we believe your belief in our mission brings that promise to life. Your support helps each child discover their own light and in doing so, you illuminate the path for so many others.

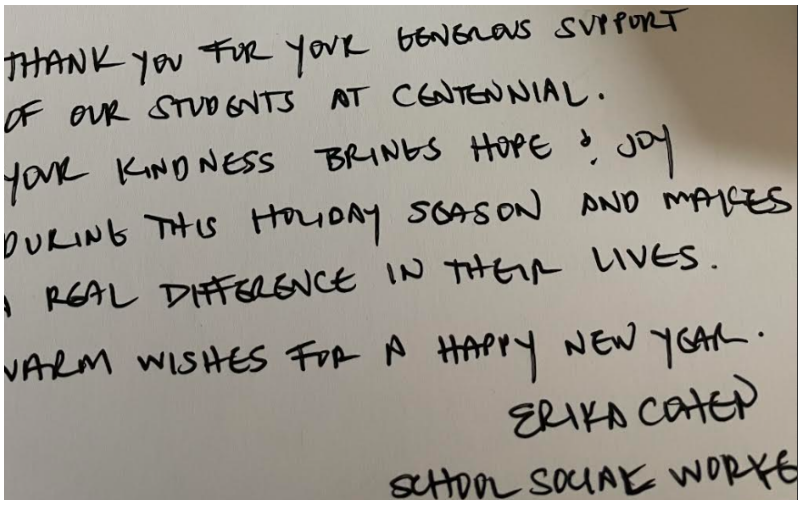
With gratitude and love, You are worth more than 1,000 suns!

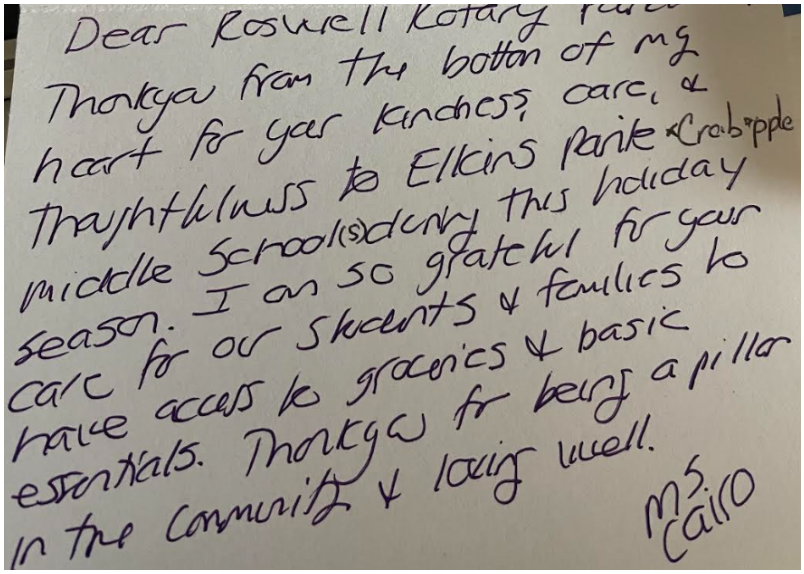




Families in Need Gift Cards During SNAP Gap

The Club received the following Thank You notes from social workers at **Centennial HS, Elkins Pointe Middle & Crabapple Middle, & Roswell HS**. The $25 Walmart Gift Cards not only let the social workers have a bit of hope and feel supported with so much need but also for the student families, it reassured them they live in a community that cares. It covered essentials like bread, eggs, pasta, toiletries, etc. This was a project where a need was found and Rotary members responded.





I can't tell you how much of a difference your generosity makes to the lives of our families that are facing the unimaginable right now. It has been one heck of a month, but without EVER even having to ask for one donation, the Roswell community has shown up to help their neighbors in need and especially, the children in need. And as usual, Roswell Rotary leads the way with EXACTLY what families need, exactly when they need it. As we count down with only 2 more alarm clocks until Thanksgiving break, I know many of our students are DREADING that there are only 2 more alarm clocks until they have 9 days away from school. 9 days without a warm breakfast and lunch. Many of our students will work extra hours during the 9 days to help their families with rent and bills (so it won't be much of a "break" for them, but I know they are grateful to have the extra time to earn money). While we are beyond thankful for the community we serve, we are also grateful for the heart of this community that continues to give and give and give to the neighbors they may never meet. As I have said for more than 2 decades, I could not be more honored and proud to serve the community of Roswell and to be a vehicle for your generosity, in every form.

Thank you, thank you, thank you. I am so very thankful for Roswell Rotary. Our families are thankful for you and our students (even the moody high schoolers 😊) are SO very grateful for you. Roswell is just the best community on the planet ❤️

Valerie Rogers, M.S.W.
School Social Worker
Roswell High School
(404) 583-8304 cell (M-F 8-4)

Speaker Line up for remainder of January- Invite a guest!



Jan. 8 ~~**Secretary of State Brad Raffensberger**~~

Jan. 15 **Andy Christensen-Leadership by Design**

Jan. 22 **Insurance Commissioner John King**

Jan. 29 **Shaun Chapas- Former UG/NFL**

Meeting Details

- Rotary Club of Roswell
- Roswell Area Park
- Bill Johnson Community Activity Building
- 10495 Woodstock Road
- Roswell, GA 30075

Roswell Rotary "Rocks" all Over the World



In New Zealand at southern most Rotary “rock”… past presidents Nancy Alterman, Lisa Carlisle and Jim Coyle with Chris Archer plus past president Sue Alford of a southern Alabama club! ***Proving Roswell Rotary Rocks all over the world!***

Last Week at Roswell Rotary

GA Secretary of State Brad Raffensperger

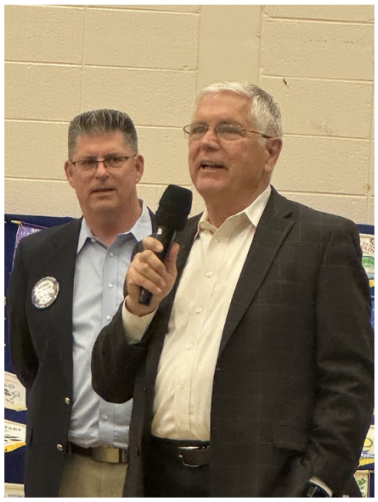















Rotary



Another Packed House!
Come Join us on Thursdays

