



**Rotary Has Heart** is a Community Service Program originated by Past Rotary International Director Anne Matthews and expanded by current RI Director Robert Hall.



District 6900 is celebrating **Rotary Has Heart** around Valentine's Day! DG Bob is encouraging clubs to use **Rotary Has Heart** Day as an opportunity to serve seniors in our communities. This is the perfect time for you to roll-out a new **senior** service project or expand a successful one!

District 6900 will award the club with the *most unique event* with 1,000 Paul Harris Recognition Points and your choice of one of four paintings by George Lewis you can auction to raise even more money for your event, or to award a deserving Rotarian in your club.

Remember, publicity is key! Check out <http://www.r1zones33-34.org/heart2015.html> for more information!

## Moultrie Recognized for Senior Project

**Moultrie Rotary Club** recently hosted DG Bob. Moultrie Rotarians were reminded so many have been given gifts and talents and were challenged to take the time to get involved and transform the lives of others. Being a nursing home administrator and having dedicated his professional career to serving senior citizens, Hagan praised the Moultrie Club for their most recent project which was to fund a Senior Activities Room at the Moultrie YMCA. DG Bob also presented one of his famed "Possum Bob" awards for the outstanding efforts of Moultrie Rotarian Jaclyn Donovan, to support the Rotary Youth Leadership Awards (RYLA).



AG Judy Randle, AG Jaclyn Donovan, DG Bob and Moultrie Rotary President Mike Maye

## Dougherty County Rotarians Help Senior Residents Beat the Heat

The **Dougherty County Rotary Club** joined with the SOWEGA Council on Aging's Kay H. Hind Senior Life Enrichment Center to donate 28 air conditioning units and delivered them to seniors in need. The club was able to purchase 28 window air conditioning units through its Rotary District Grant, worth about \$4,000.

The Council on Aging was prompted to establish a program to offer air conditioning units, not just because some seniors in the community are struggling financially, but also because these individuals are the most frail and therefore most prone to heat-related illness or death during the summer. The units were bought from Lowe's and Home Depot at a discount, allowing more seniors to receive units through the club's grant. According to SOWEGA officials, this was the biggest delivery of air conditioners to date.

Club President Bill Sadler said, "This helps seniors live more comfortably ... I don't think any of us want to live in a hot, steamy house." He also said this year's Rotary focus on helping seniors prompted the club to contact the Council on Aging regarding a possible use of a district grant—which was when they discovered how much of a need existed.

The Rotarians are involved in other projects to help senior citizens in the area, including Santa for Seniors and a weekly meal delivery via Meals on Wheels.

## Serving Seniors with Creativity, Connection and Continuity

*Carolyn Mattingly, Coordinator, Serving Seniors through Rotary*

Our District 6900 Rotary clubs are off to a great start creating Serving Seniors' programs. Thanks to those clubs that have shared photos and programs with DG Bob, Newsletter Editor Jackie Cuthbert and me. I have enjoyed presenting at Rotary meetings and discussing seniors' programs with clubs by phone as requested.

Remember that you can view a sample of over 30 senior programs on the district website: [www.rotary6900.org](http://www.rotary6900.org) under *District Service* then *Serving Seniors*. Each example is labeled on a scale of 1 to 5 according to the approximate club volunteers needed and available funding. Whether your club chooses to serve seniors with one or multiple projects, many of these programs are well suited to include Interact Club students. Intergenerational programs serve both the seniors and the youth as they learn from each other.

The district website also includes all the documents for DG Bob's International platinum award-winning Fall Prevention program and the Health and Medical Records Organizer program with how-to instructions for both programs.

On behalf of DG Bob, thanks to all of the 69 Rotary clubs for helping seniors stay connected to their communities through creative Rotary programs and continuity of service to seniors! Please contact me with any project questions or needed help at 404-502-7072 or by email at [cbmatt7255@gmail.com](mailto:cbmatt7255@gmail.com).



Club members were able to deliver on their lunch breaks.